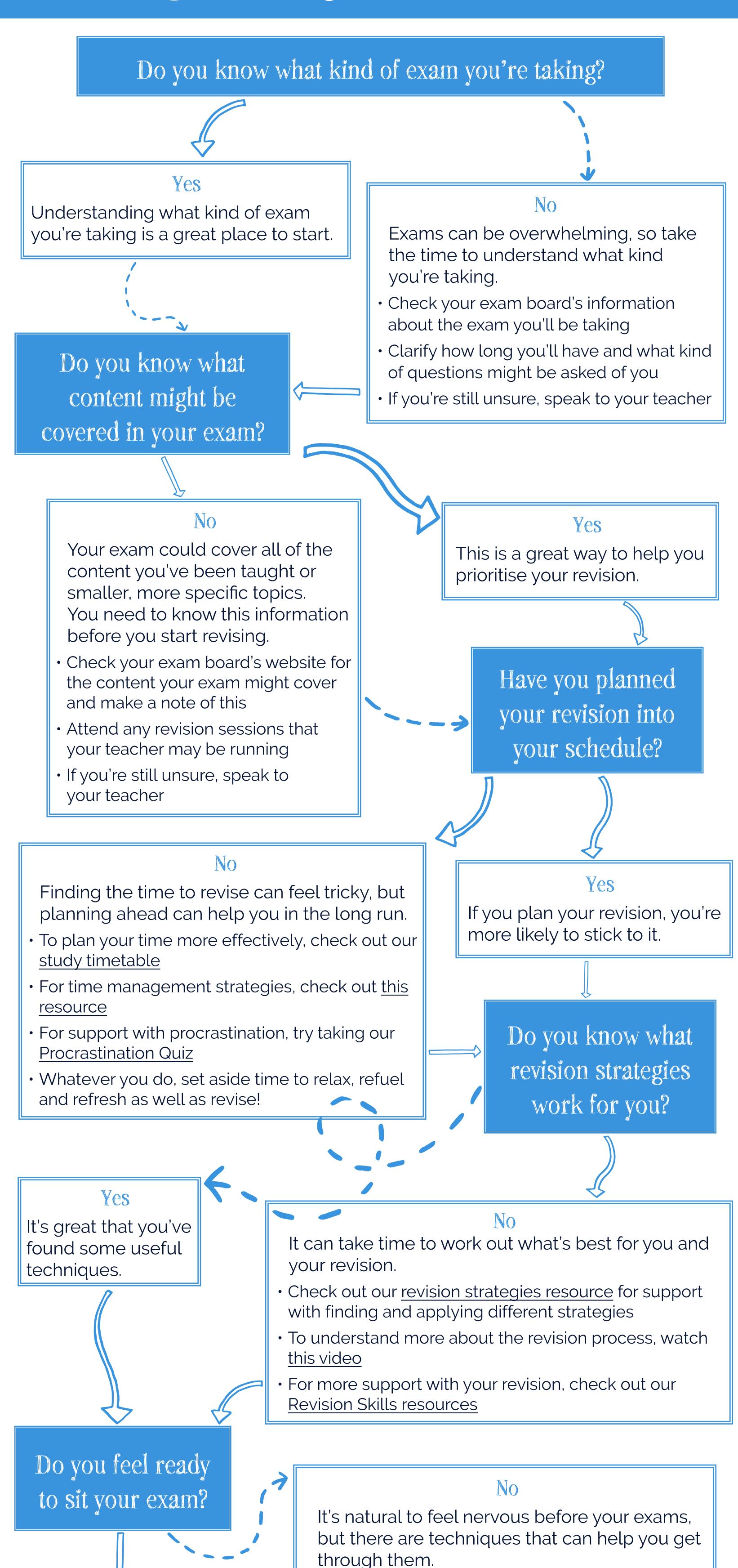


I'm about to start revising for my exams



• For strategies to help you cope during exams,

For advice on practicing mindfulness, take

a look at this guidance from the NHS and

visit the Academic Skills Kit

Student Wellbeing

Yes

Good luck!