

I'm about to start revising for my exams

Do you know what kind of exam you're taking?

Yes

Understanding what kind of exam you're taking is a great place to start.

No

Exams can be overwhelming, so take the time to understand what kind you're taking.

- Check your exam board's information about the exam you'll be taking
- Clarify how long you'll have and what kind of questions might be asked of you
- If you're still unsure, speak to your teacher

Do you know what content might be covered in your exam?

No

Your exam could cover all of the content you've been taught or smaller, more specific topics. You need to know this information before you start revising.

- Check your exam board's website for the content your exam might cover and make a note of this
- Attend any revision sessions that your teacher may be running
- If you're still unsure, speak to your teacher

Yes

This is a great way to help you prioritise your revision.

Have you planned your revision into your schedule?

No

Finding the time to revise can feel tricky, but planning ahead can help you in the long run.

- To plan your time more effectively, check out our [study timetable](#)
- For time management strategies, check out [this resource](#)
- For support with procrastination, try taking our [Procrastination Quiz](#)
- Whatever you do, set aside time to relax, refuel and refresh as well as revise!

Yes

If you plan your revision, you're more likely to stick to it.

Do you know what revision strategies work for you?

Yes

It's great that you've found some useful techniques.

No

It can take time to work out what's best for you and your revision.

- Check out our [revision strategies resource](#) for support with finding and applying different strategies
- To understand more about the revision process, watch [this video](#)
- For more support with your revision, check out our [Revision Skills resources](#)

Do you feel ready to sit your exam?

No

It's natural to feel nervous before your exams, but there are techniques that can help you get through them.

- For strategies to help you cope during exams, visit the [Academic Skills Kit](#)
- For advice on practicing mindfulness, take a look at this guidance from the [NHS and Student Wellbeing](#)

Yes

Good luck!